



Love, learn and grow together

World Mental Health Day

Did you wear something yellow today?

Today we remember to look after our mental health. We all sometimes struggle with the way we feel, and it is normal to have "ups and downs".

This year may have felt more down than up but little things do help us all:

- walking in the sunshine
- a cup of tea
- watching a good film or TV show
- singing in the shower
- our favourite team winning a match
- a friend who make us laugh
- a smile across the room

Saying Hello Yellow today is a little thing we can do to make a big difference to someone else's mental health - it shows that we notice them and we care.

To donate to a mental health charity, please do so using [SchoolMoney](#).

Harvest Time

Thank you to everyone who came to our harvest festival and to all the families who donated food for St Helens food bank.

A huge 'well done' is due to Year 3 children for their beautiful singing and expressive speaking in the harvest festival this morning.



TRI Kids

Years 1 to 6 had a visit from TRIKids this week where they could take part in a triathlon using fixed bikes, swimming machines and then running around the playground.

The children really enjoyed the experience, especially the bikes!



The Tower of London, the Eye, the Aquarium and a Show

We visited the Tower of London to see the crown jewels. We went to the dungeons, the White Tower and saw where Anne Boleyn was beheaded. The black ravens and beefeaters welcomed us and it was great to see Tower Bridge open for a large ship to pass through. Many thanks to all the staff for giving up their time and to all the children who were so appreciative and fun to be with.

Going in to the Tower of London.



We flew so high on the London Eye.



We really enjoyed seeing the fish, sharks and penguins at the Aquarium.



The Lion King was amazing! We all gave the cast a standing ovation.

Word of the Week

autumnal

occurring in the Autumn

To improve our spoken and written English we highlight a word each week and use it as much as we can!

Older children may be able to learn the spelling.

Sponsored walk

Sponsor forms are out today. Children can start to collect sponsors for this fun walk around our school field. Many thanks to all our families who support our school so well.



We had a river cruise along the river Thames with a really fun tour guide who told us all about the history of London.

The rainforest cafe was great fun and the food was delicious.

Josh is having a great time looking at all the rainforest animals.



	Star of the Week	Marvellous Manners	Reading	Gospel Values
Reception	Harrison	Daisy	Haley	
Year 1	Poppy	Sunny	Polly	
Year 2	Freddie	April	Harry	
Year 3	Erin	Henri	Charlotte	Freya
Year 4	Daniel	Amelia	Noah	
Year 5	Arly	Olivia F	Amelia H	
Year 6	Jack	Jenny	Aimee	

Dates for your Diary

Friday 8th October 2021

Harvest Festival 9.15am - Bring a tin or packet for the St Helens foodbank

Thursday 14th October 2021

Parents' Evening using phone calls, teams or face to face, details coming soon

Friday 15th October 2021

School Photos, individuals and siblings

Thursday 21st October 2021

Spooky Day - dress up, disco, drinks and dancing!

Friday 22nd October 2021

- Sponsored Walk 2pm
- Half-term ends

Thursday 11th November 2021

Movie Night

Friday 12th November 2021

- Remembrance Assembly 9.15am Year 6
- Diwali Dancing

Thursday 18th November 2021

Theatre Company in school performing 'A Christmas Carol'

Friday 26th November 2021

Advent Assembly 9.15am Year 5

Thursday 2nd December 2021

Christmas Fair and Carols by Candlelight, 6pm

Wednesday 8th December 2021

Infant Nativity 2pm

Thursday 9th December 2021

Infant Nativity 2pm

Monday 13th December 2021

Christmas Bingo 6pm

Wednesday 15th December 2021

Aladdin by Juniors 2pm

Thursday 16th December 2021

Aladdin by Juniors 2pm

Friday 17th December 2021

Aladdin by Juniors 2pm

Monday 20th December 2021

- Christmas Breakfast 8am
- Christmas Party Day

Tuesday 21st December 2021

- Mass and Carol Concert, 10am
- Christmas Dinner
- Film Afternoon

Wednesday 22nd December 2021

- Christmas Activities Morning
- Finish at 1.30pm